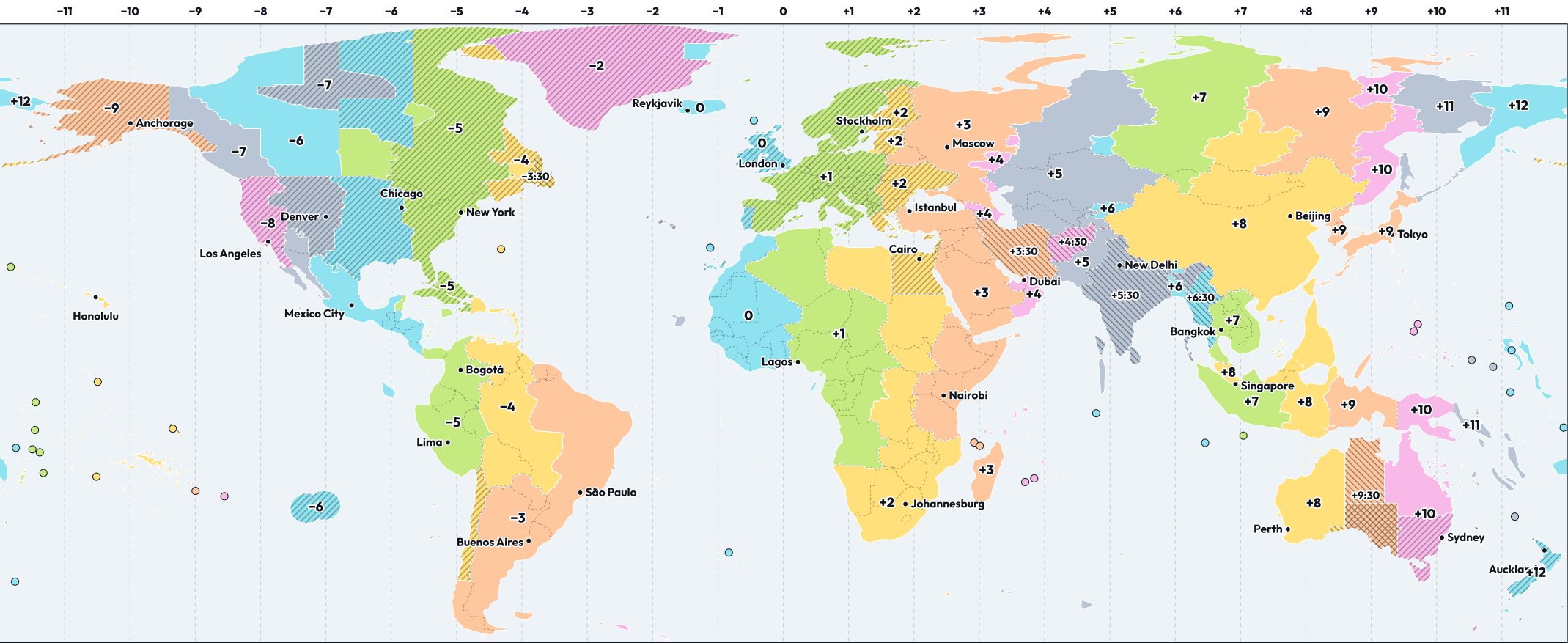


World Time Zone Map

Standard time offsets from UTC (hours). Numbers on the map are each area's standard offset; the scale on top shows the nominal 15° zones.



Standard offsets of major cities

Honolulu UTC-10	Bogotá UTC-5	Reykjavik UTC±0	Cairo UTC+2 DST UTC+3	Dubai UTC+4	Hong Kong UTC+8
Anchorage UTC-9 DST UTC-8	Lima UTC-5	London UTC±0 DST UTC+1	Johannesburg UTC+2	Kabul UTC+4:30	Beijing UTC+8
Los Angeles UTC-8 DST UTC-7	Caracas UTC-4	Dublin UTC±0 DST UTC+1	Athens UTC+2 DST UTC+3	Karachi UTC+5	Perth UTC+8
Vancouver UTC-7	Halifax UTC-4 DST UTC-3	Lisbon UTC±0 DST UTC+1	Helsinki UTC+2 DST UTC+3	New Delhi UTC+5:30	Seoul UTC+9
Phoenix UTC-7	Santiago UTC-4 DST UTC-3	Casablanca UTC±0	Kyiv UTC+2 DST UTC+3	Kathmandu UTC+5:45	Tokyo UTC+9
Denver UTC-7 DST UTC-6	St. John's UTC-3:30 DST UTC-2:30	Lagos UTC+1	Istanbul UTC+3	Dhaka UTC+6	Darwin UTC+9:30
Chicago UTC-6 DST UTC-5	São Paulo UTC-3	Paris UTC+1 DST UTC+2	Moscow UTC+3	Yangon UTC+6:30	Adelaide UTC+9:30 DST UTC+10:30
Mexico City UTC-6	Buenos Aires UTC-3	Berlin UTC+1 DST UTC+2	Nairobi UTC+3	Bangkok UTC+7	Brisbane UTC+10
New York UTC-5 DST UTC-4	Nuuk UTC-2 DST UTC-1	Stockholm UTC+1 DST UTC+2	Riyadh UTC+3	Jakarta UTC+7	Sydney UTC+10 DST UTC+11
Toronto UTC-5 DST UTC-4	Azores UTC-1 DST UTC±0	Rome UTC+1 DST UTC+2	Tehran UTC+3:30	Singapore UTC+8	Auckland UTC+12 DST UTC+13

Hatched (/): uses daylight saving time (clocks +1 h in summer) Hatched (\): half-hour or 45-minute offset